



# Camdenton High School Menu

# September 2015

### Meal Prices

Student Breakfast	\$1.20
Adult Breakfast	\$1.85
Student Lunch	\$2.25
Adult Lunch	\$2.90

### Daily Breakfast Options

- Cereal w/ Toast
- Cereal Bar w/ Toast
- Yogurt w/ Toast
- Bagel w/ Cream Cheese
- Yogurt Bar with Granola

### Daily Lunch Options

- Pizza
- Chicken Sandwiches
- Deli Sandwich or Wrap
- Peanut Butter & Jelly
- Hamburger
- Cheeseburger
- Chef Salad
- Yogurt

### Daily Fruit Choices

Fresh, Canned, Frozen or Dried or 100% Fruit Juice

### Daily Vegetable Choices

Fresh Veggies, Side Salad, Hot Canned or Frozen Vegetable

### Daily Milk Choices

Skim Chocolate, White, Strawberry or 1% White

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Menu Subject to Change</b>	<b>1</b> Biscuit & Gravy OR Waffles ***** French Dip Sandwich OR Beef Stroganoff	<b>2</b> Pancakes OR Sausage & Egg Biscuit ***** Meatball Sub OR Southwest Chicken Wrap	<b>3</b> Biscuit & Gravy OR Mini French Toast ***** Chicken Quesadilla OR Taco Crunch	<b>4</b>  <b>No School</b>
<b>7</b>  <b>No School</b>	<b>8</b> Biscuit & Gravy OR Pancake Sausage Stick ***** Pizza Crunchers OR Chicken Parmesan	<b>9</b> French Toast Sticks OR Scrambled Eggs & Toast ***** Pulled Pork on Bun OR Toasted Ravioli	<b>10</b> Biscuit & Gravy OR Waffles ***** Deli Wrap OR Turkey Pot Pie	<b>11</b> Sausage Biscuit OR Apple Bosco Stick ***** Sweet & Sour Chicken with Rice OR Egg Roll with Rice
<b>14</b> Breakfast Pizza OR Whole Wheat Honey Bun ***** BBQ Rib on Bun OR Beef Stroganoff	<b>15</b> Biscuit & Gravy OR Pancakes ***** Hot Dog Bar OR Baked Potato Bar	<b>16</b> Pizza Bagel OR Pancake Sausage Stick ***** Chicken Cordon Bleu Sandwich OR Mini Calzones	<b>17</b> Biscuit & Gravy OR Muffin ***** Chicken Smackers with Hot Roll OR Spaghetti with Hot Roll	<b>18</b> Cinnamon Roll OR Breakfast Burrito ***** Domino's Smart Slice Pizza OR Lasagna
<b>21</b> French Toast OR Scrambled Eggs Toast ***** Soft Pretzel with Cheese OR Buffalo Chicken Pizza	<b>22</b> Biscuit & Gravy OR Waffles ***** Pork Carnita OR Chicken Fajitas	<b>23</b> Sausage & Egg Biscuit OR Pancakes ***** Corn Dog OR Hot Subs	<b>24</b> Biscuit & Gravy OR Pancake Sausage Stick ***** Chicken Tenders OR Turkey Tetrazzini	<b>25</b> Breakfast Pizza OR Whole Wheat Honey Bun ***** Bosco Breadsticks OR Toasted Ravioli
<b>28</b> Apple Bosco Stick OR Breakfast Burrito ***** Breaded Mozzarella Sticks OR Baked Ziti	<b>29</b> Biscuit & Gravy OR Waffles ***** Ravioli with Texas Toast OR French Dip Sandwich	<b>30</b> Pancakes OR Sausage & Egg Biscuit ***** Mashed Potato Chicken Bowl OR Baked Potato Bar	<b>Online Meal Payments</b> <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a>	